



## COSMETIC DENTISTRY TREATMENT SEQUENCE:

Appt.	Treatment	Time Required
1	<ul style="list-style-type: none"><li>Comprehensive exam, X-rays, teeth cleaning.</li><li>Review of digital photos and patient education.</li><li>Discussion of fees and payment options.</li><li>Digital intraoral scans for custom whitening trays (if desired).</li></ul>	1.5 hrs.
2	<ul style="list-style-type: none"><li>Pre-whitening color determination and delivery of whitening trays.</li><li>Digital intraoral scans for diagnostic models.</li></ul>	15 min.
	<ul style="list-style-type: none"><li>Wear whitening trays nightly until you reach your desired color.</li></ul>	10 – 14 days
3	<ul style="list-style-type: none"><li>Post-whitening color determination and digital photos.</li><li>Evaluation of diagnostic models to provide a preview of the proposed final result.</li></ul>	30 min.
4	<ul style="list-style-type: none"><li><b>NOTE: Please allow 2 weeks for color stabilization after your last whitening session before this visit!</b></li><li>*** Preparation of teeth, impressions, and placement of temporary restorations.</li></ul>	Depends on # of teeth being treated
	<ul style="list-style-type: none"><li>Evaluate esthetics and function of temporaries.</li></ul>	1 – 5 days
5	<ul style="list-style-type: none"><li>Based on patient's feedback, temporary restorations are modified as requested. Once patient approves temporaries...</li></ul>	0 – 30 min.
	<ul style="list-style-type: none"><li>Dental laboratory constructs final cosmetic restorations.</li></ul>	3 weeks
6	<ul style="list-style-type: none"><li>Try-in, evaluation, and cementation of final restorations after doctor and patient approval.</li><li>For cases involving difficult color matches, restorations sometimes require return to the lab for modification or custom staining.</li><li>Final digital photos of completed treatment.</li></ul>	1 – 2 hr.

\*\*\* Please try to avoid “out-of-town” trips during treatment so that we are available in the unlikely event that you experience any problems with your temporary restorations.