IMMEDIATE COMPLETE DENTURES:

• Extraction of your remaining natural teeth and delivery of immediate complete upper and/or lower dentures was performed today.

• After surgery, please leave your dentures in your mouth for a minimum time of 24 hours, or preferably 48-72 hours with minimal rest periods. This helps control bleeding, protect tooth extraction sites, and helps the gum tissue adjust to the dentures more rapidly. **PLEASE NOTE:** If the dentures are left out of your mouth for long periods of time, any sore spots in your mouth may swell, making it difficult or even impossible to re-insert the dentures.

• After 3 days, swelling will have subsided and you can proceed with your normal routine of taking the dentures out before going to bed at night, and putting them in again in the morning. This gives your mouth tissues a chance to rest and helps maintain oral health.

• One to three days after surgery, we will examine the extraction sites, evaluate swelling, and ensure that any discomfort is being managed effectively with medication that we will be providing you. We will also evaluate the comfort of your dentures and adjust any sore spots that may be present. Adjustment of sore spots is an ongoing process that typically requires multiple visits, so please do not hesitate to contact us if the dentures are uncomfortable in any way.

• One to two weeks after surgery, the quality of the fit of the dentures may change due to healing and shrinkage of your gums. If necessary, a temporary soft relining material can be placed inside the dentures to improve comfort and retention while your gums continue to heal. **Soft relines** are typically replaced every few months at the patient’s request.

• Approximately 3-6 months after surgery, or whenever healing has completed, we will perform an in-office **hard reline** to add pink plastic to the undersurface of the dentures to establish a more intimate fit with your gums and bone.

• If the patient is not satisfied with the initial set of dentures, an entire new set of complete dentures can be constructed. This is a rare occurrence but can be required if the gum or bone structure has undergone drastic changes during the healing after surgery.

**PLEASE NOTE:** Your immediate complete dentures are constructed from models of your mouth which can only estimate the final condition of your mouth after surgery. This process is inherently difficult and may result in complete dentures that are not ideally stable or retentive. Please realize that optimizing the fit of the dentures will be an ongoing process which will improve over time, culminating with the final hard reline or construction of new dentures. We are committed to ensuring your satisfaction with our work.